

Published based on [Acne Scar Repair Can Be Achieved](#)

# Acne Scar Repair Can Be Achieved



Even if your last outbreak of acne was several years ago, you are never really over it until you find an effective [acne scar repair](#) treatment to wipe away the tell tale signs of the condition. Acne pock marks and discolorations stick around long after adolescence but the scars are not something you have to live with.

The internet is full of creams and gels promising acne scarring repair. It is hard to evaluate each claim without trying the product but there are things that some of the solutions have in common which have proven to be very effective. When searching for a product that can repair the damage from acne scars look for those that contain:

- mandelic acid
- malic acids
- alpha hydroxy acids or
- beta hydroxyl acids

The better creams also contain a combination of vitamins to moisturize the skin and promote the growth of new skin cells. Some of these acne scarring solutions can be very harsh to the face so it is best that they are tested first on a small patch of skin for possible reactions.

There are other methods available for [acne scars repair](#) that are performed by dermatologists and cosmetic surgeons. Lasers are now used to burn off the scarred skin to clear the way for growth of new healthier skin. The advantage of the laser procedure is that the doctor can be very precise in targeting the trouble spots.

The disadvantages are that the surgery can be expensive and it may take several sessions to repair all the scars. There are dermatologists who will also use a chemical peel to try and remove the dead skin and repair the scarring. This procedure is effective in many cases but also can be very painful because of the redness and irritation it can cause.

Cosmetic surgeons have also had success with [acne scar repair](#) through injecting collagen under the skin to smooth out the surface. The only problem with this treatment is that the effects wear off after a few months and it must be done again.

A similar procedure which does not have to be repeated as often is to inject fat tissue under the skin to tighten it up. This is the same procedure used by some celebrities to plump up their lips or checks and smooth out wrinkles.

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