

Published based on [Acne Scarring Removal: It's All About Finding What Scar Removal Method Works For You](#)

Acne Scarring Removal: It's All About Finding What Scar Removal Method Works For You



As with so many things in life, to succeed with [acne scarring removal](#), you have to put some effort in to finding what works best for you. Some prefer home remedies featuring natural ingredients, others open their pocketbooks for over the counter products, and others still prefer going for procedures and surgeries performed by dermatologists. To determine which route is best for you, you really have to take a look at a lot of factors, such as your budget, your goals, and the condition of your skin and/or acne scars.

Acne scars removal with home remedies

For many people, the first attempt should be with a home remedy, as most home remedies are extremely easy and can be done with items that are either very inexpensive or that are already easily found at home.

For instance, you can rub ice cubes on your acne scars for about fifteen minutes at a time for diminished appearance. You can also leave sandalwood on them overnight for an improved look. These are just a couple of home remedies, there are literally dozens more that can be easily found online or in books.

Removal of acne scars using over the counter products

If those do not work for you, or if you prefer going for a marketed product instead of with a natural approach, you may decide to buy one of the many acne scar products on the market. There are a wide range of them, some of which use acids and chemicals that are specifically meant to reduce acne scarring, and others which use combinations of natural ingredients to work their magic.

Again, the choice will likely amount to your preferences as a consumer and regarding what you want to put on your skin, and the key is to check around until you find something that works for you.

— **Highly Recommended** —

Natural skin lightening products for fading age spots, acne marks, old scars, sun damage, skin discolorations and hyperpigmentation. [Try it risk free for 30 days!](#)

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Acne scars removed with professional treatments

If your acne scarring removal goals are fairly ambitious and you have not had luck with home remedies or acne scar products, you may opt for surgical methods such as laser treatments, dermabrasions, or punch excisions (which focus on repairing skin with deeper acne scars). Generally, these treatments provide better results than the other methods, but also at a higher cost.

One good way to go is to consult with a licensed dermatologist to help decide what route is the best one for you to take. They will be able to tailor an [acne scar removal](#) plan based upon your skin, the prevalence of scars, and your budget.

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