

Published based on [Acne Scarring Treatments: What Is Punch Excision And Dermal Grafting?](#)

# **Acne Scarring Treatments: What Is Punch Excision And Dermal Grafting?**

Punch excision followed by dermal grafting is one of the [acne scarring treatments](#) used in clinics and hospitals where severe acne scars are present.

Punch excision is used particularly for areas of large acne damage. A tool is used to cut out each individual scar, and then dermal grafting is carried out by taking skin from behind the patient's ear and applying it to cover the width and depth of each of the scars.

There may be a slight difference in the color of the skin from behind the ear and that on the face, and if this is particularly noticeable then a skin resurfacing technique can be used to correct this.

A local anesthetic is used during this procedure, and there may well be reddening and swelling of the skin after treatment, and some bruising. However, the final results are usually excellent and long lasting. Provided the treatment is carried out by a medical practitioner the side effects will be minimal.

By discussing your particular skin condition with a specialist, you will be able to decide on the best [acne scarring treatment](#) method available for treating your particular problem and skin type. Fortunately today there really is no need to suffer the low self esteem many people experience due to their facial acne scars.

Each patient is different so it's impossible to estimate the costs of such treatment. There are many factors to consider and these can all be discussed when visiting your dermatologist, who will also then be able to give you an estimate as to how much the treatment will cost.

Acne scarring treatments such as punch excision and dermal grafting is a very effective way to permanently rid yourself of acne scarring, and although there may be some redness and swelling for a short while after treatment, the end results will be worth any discomfort experienced.

## **Highly Recommended**

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