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Acne Scars Products: Chemical Peels and Dermal Fillers

One of the dreaded things about adolescence is the appearance of acne. Having them is physically and emotionally painful enough but developing acne scars that can last them their entire life is even harder to accept and live with. In the old days, young people who had acne were simply resigned to the fact that there was no way to remove them once they develop. These days however, there are [acne scars products](#) that they can get to improve their skin condition and minimize the effect of acne scars on their lives.

Young boys and girls who are experiencing the ill effects of acne and acne scars can avail of prescription treatments, over the counter products or even home remedies to help them deal with uneven skin tone and rough skin.

One of the most popular acne scars products that are effective against mild acne scars is chemical peeling. You can get it from your local drugstore and following instructions while being cautious, you can apply it yourself. This type of chemical peel typically contains alpha hydroxy acids and is usually mild on your skin.

The results will not be dramatic but you will definitely see some improvement after some time. You can also have your dermatologist do it for you, in which case the type of chemical peel will contain phenols, a substance that if not used properly can burn your skin. This is why only a dermatologist should use it on you. The time to recover from this type of chemical peel is longer.

It will not remove depressed scars but is capable of fading dark skin spots to create an even skin tone. It will also be able to eliminate red marks that appeared after a previous acne breakout. Other [acne scars products](#) that can help you deal with acne scars are dermal fillers. They can be made from several materials or collagen, a natural substance secreted by the skin cells. Dermal fillers fill in depressed scars so they appear smooth and on the same level with the rest of your skin. However, this is only a temporary treatment and has to be repeated at least every six months.

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