

Published based on [Chemical Peel: An Introduction To Facial Peel Treatments](#)

Chemical Peel: An Introduction To Facial Peel Treatments



It's known that Cleopatra and the ancient Romans used a form of [chemical peel](#) made from a compound of food acids. Nowadays more sophisticated compounds are used to help combat the scourge of acne and other skin imperfections.

What are chemical peels? Well, in effect they're a means of peeling the blemished outer layer of skin which is replaced by a new, unblemished layer. During the process a chemical solution is applied which causes the skin to blister and peel over a period of several days. And though this may sound uncomfortable, you should certainly approve the outcome.

Facial Peel - Does it work? Yes and no is the short answer

The purpose of [facial peels](#) is to improve the appearance and condition of the skin, particularly where the application of topical acne medications has failed to provide satisfactory results. For example, in the treatment of superficial acne or acne scars they can be very effective and can yield good long term results

However, for those suffering with a severe or very active form of acne, a chemical peel is not usually recommended. Likewise in the case of breast feeding mothers or women who are pregnant.

For those who do receive a face chemical peel it's as well to know what to expect after the treatment. Much will depend on which type of chemical acid peel is used but in general there are a number of things that could occur. For example, redness of the area treated, flaking or scaling of the skin, dryness and in some circumstances swelling. Apart from the swelling, these side effects are usually quite mild and will not interfere with your everyday life.

Generally speaking, a [chemical peel](#) will have a positive long-term affect that will more than offset any mild discomfort felt in the immediate period following the treatment. And you'll feel so much better about yourself!

This is a series of articles on chemical peel treatments. Here you'll find useful information on the different types of peels, how to take care of your skin before and after a peel as well as tips on choosing the best facial peel for your skin. Just click on the below links to read the individual articles.

Related Chemical Peel Articles

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