

Published based on [Can You Clear Up Your Face With Facial Acne Scar Treatment?](#)

# **Can You Clear Up Your Face With Facial Acne Scar Treatment?**



There are a number of products on the market available for [facial acne scar treatment](#) but just how effective are they? These products promise to fade, heal and prevent the marks and discoloration left behind by a bad case of acne. Some are sold as a cream or in gel form and most contain the same active ingredients which have proven to be effective in facial acne scar removal.

There are two types of scarring caused by a bad case of acne. The first type is known “pigmented scars” because the skin in this spot is discolored; the other type is known as “pitted scars,” these are pock marks that are more difficult to remove. Both of these types of facial scars can be treated with the various creams and gels sold over the counter but the results vary widely; you’ll need to search for the one that works best for you.

### **How to get rid of facial scars caused by acne**

Most of the facial acne scar treatments work on the same premise; remove the top layer of damaged skin and promote the growth of new healthy skin. One treatment tries to achieve that through the process known as microdermabrasion. These creams contain an exfoliating scrub which polishes away the dead skin and leaves a smoother surface. The active ingredient in most of the creams is aluminum oxide with several vitamins to soothe the skin.

Another type of liquid treatment available uses alpha hydroxy acid as the active ingredient. These solutions promise to even out rough skin and remove discoloration. They are promoted not only for acne scars treatment but to remove wrinkles and reverse the aging process. A similar line of products include retinol which promises to renew the skin without drying it out which is a danger with some of the other products.

How do you know which facial acne scar treatment will work best for you? You can certainly discuss this with your dermatologist who can offer some suggestions but for most patients it is just trial and error. It is hard to predict how individual cases take to the different acne face scar treatments. If you are going to use any of the various creams or gels on the market be sure to test it first on a small patch of skin in case you have an adverse reaction.

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