

Published based on [What Exactly Are Hyperpigmentation Acne Scars?](#)

# **What Exactly Are Hyperpigmentation Acne Scars?**

There are a lot of misconceptions about [hyperpigmentation acne scars](#) out there. The biggest misconception is that the marks left by hyperpigmentation are scars in the first place! The good news is that if you are suffering from post inflammatory hyperpigmentation (often called "PIH"), you are not being afflicted by a whole new batch of acne scars at all. In fact, it is a relatively minor problem with a simple explanation that will often be very easy to be rid of in a really short amount of time. Read on to find out more.

### **What is hyperpigmentation?**

A lot of the time, hyperpigmentation acne scars are actually just the results of an acne treatment such as a laser resurfacing. In the period immediately after such a treatment (often about a one to two month time span), there can be color changes in the skin that result from the inflammatory process that the skin partakes in naturally.

These spots can be pink, purple or red for those with fair skin, and brown or black for those with darker skin. It is easy to mistake the remnants of post inflammatory hyperpigmentation for acne scars, because of the color and the location of them. [Click Here To Wash Away Scarring And Hyperpigmentation](#)

### **What works for hyperpigmentation**

For a lot of people, "PIH" will go away fairly quickly without any kind of treatment. If your hyperpigmentation spots are very dark, they will generally take longer to go away. This is where possible treatment comes in, because many people do not want to wait for their dark spots to go away, especially when they can sometimes persist for a year or even longer.

This is understandable, and those who are in that position are usually instructed to use a hyperpigmentation cream like Mederma. This is a gel base product that can be applied to help hasten the blending of the treated areas. Of course, it should be applied according to directions, as putting on too much of a product such as [Mederma](#) can clog up your skin and make your acne problems more substantial than before.

It is a relief for many to know that *hyperpigmentation acne scars* are not really scars at all. However, it is only normal to not want to deal with them, especially if they stick around for a long period of time. You may want to consult with your dermatologist if this is the case, as he or she will be best able to recommend a specific hyperpigmentation treatment that is best suited for your skin type.

### **Related Hyperpigmentation Removal Articles**

- [Hyperpigmentation Treatment](#)
- [Hyperpigmentation Removal](#)

You can also find this article published on [What Exactly Are Hyperpigmentation Acne Scars?](#), and on the tag pages [hyperpigmentation acne scars](#), [hyperpigmentation cream](#), [hyperpigmentation treatment](#), [what is hyperpigmentation](#), [what works for hyperpigmentation](#).