

Published based on [A Proven And Effective Hyperpigmentation Removal Method](#)

A Proven And Effective Hyperpigmentation Removal Method

While hyperpigmentation marks are not scars, the dark, sometimes blotchy areas left by skin inflammation are still annoying enough that [hyperpigmentation removal](#) is often desired. While post-inflammatory hyperpigmentation (often called “PIH”) does eventually resolve itself, many people are not willing to wait it out in the meantime, as it can take up to 24 months for the dark spots to actually disappear in some cases. Fortunately, there are a wide range of ways to get rid of the effects of this condition, including some which we will discuss here.

What is the best treatment for hyperpigmentation?

Microdermabrasion is a proven and effective hyperpigmentation treatment. You can ask your dermatologist about possibly using this procedure. While traditional dermabrasion is left for more serious facial problems, such as deep, icepick style acne scars, microdermabrasion is often used for the purpose of removing hyperpigmentation in patients.

Not only can this be done by your dermatologist as a simple outpatient procedure, but it is also simple enough that it is often included as a treatment in many day spas! Of course, you will want to ensure that whoever performs a treatment on you is experienced at doing so.

The process itself is fairly simple, really. Whoever performs the procedure will merely use a machine which rapidly discharges very fine crystals to the skin’s surface. This will gently remove the outermost layer, which will of course take care of any areas that are afflicted with post-inflammatory hyperpigmentation. There is no pain associated with the treatment, and you will also be happy to know that you will not require any kind of recovery period afterwards!

Of course, depending on your skin, you may or may not be a great candidate for microdermabrasion as a method of facial pigmentation removal. If you have inflamed acne, you will probably not be able to do the procedure, but there are many other methods of dealing with post-inflammatory hyperpigmentation, anyway.

Hyperpigmentation treatment using microdermabrasion take very little time, are not as expensive as you may think, and can help you to avoid having to wait up to two years for the effects of your PIH to finally disappear.

That is why so many people opt to have the procedure done, rather than simply “waiting it out” in misery. If you are in a position where you are suffering from the appearance of [hyperpigmentation](#), you should consider taking care of it with such a procedure.

Related Hyperpigmentation Treatment Articles

- [Hyperpigmentation Treatment](#)
- [Hyperpigmentation Acne Scars](#)

You can also find this article published on [A Proven And Effective Hyperpigmentation Removal Method](#), and on the tag pages [facial pigmentation removal](#), [hyperpigmentation acne scars](#), [hyperpigmentation cream](#), [hyperpigmentation removal](#), [hyperpigmentation treatment](#), [what is the best treatment for hyperpigmentation](#).