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There is no simple way of finding [hypertrophic scars treatment](#) methods that will work perfectly for you. The distinctive hypertrophic scars that many people are stuck with, which are known for being reddish and raised above the skin, are notoriously stubborn and hard to be completely rid of.

Those types of scars can come from many sources, including injuries (most notably burns) and even acne! If you are interested in making the appearance of your hypertrophic scars much less noticeable over time, there are a number of ways to go about reaching that goal.

The challenges of treating hypertrophic scars

Of course, no good enemy will go down without a fight, and hypertrophic scars are a bitter rival that provide a number of challenges that prevent them from being easily removable. Often, they will be of the reoccurring variety, which means that multiple successful treatments will have to be performed in the long run. That is why hypertrophic scars, along with keloid scars, are known as the most difficult scars to deal with when trying to facilitate healing.

Hypertrophic scar treatment

Again, hypertrophic scarring can come from everything ranging from acne to insect bites, or from burns to cuts. One of the popular hypertrophic scarring treatment strategies involves repeated steroid injections set about a month apart. Also, dermatologists will sometimes recommend certain gels that can be applied on the scar.

Gel sheets can be used at times before a scar has truly settled in to help prevent the scarring from occurring, as well. Then, there are the more serious types of treatment, including surgeries (such as laser treatments), which won't always help with scars that reoccur, as mentioned before.

Ideally, you will talk with a licensed dermatologist to figure out where you should start on your path to finding the best way of treating hypertrophic scars. Through knowledge of your skin type, the type of scars you are plagued with, and other factors, they will help to find a great plan to improve your skin. You will want a personalized strategy for sure, because no two skin problems or skin types are the same.

That is why you should really have professional help for [hypertrophic scar removal](#) and minimization! Of course, it is heartening to know that there are a multitude of options for improving the look of those scars, since you are probably very ready to get rid of them for good! Stay determined and follow through with the proper treatments, and you will see improvement before long.

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