

Published based on [Jessner Peel: Can This Peel Improve Your Skin's Appearance?](#)

# **Jessner Peel: Can This Peel Improve Your Skin's Appearance?**

Many have fallen in love with the skin treatment known as a [Jessner peel](#), because of its versatility in helping those with mild or even severe acne, as well as moderate wrinkling and sun damage to have clearer, more attractive skin. The Jessner chemical peel can be performed on a wide variety of individuals, which also makes it a big hit for those looking to improve the overall quality of their skin.

There are some things that you should know when getting such a skin treatment, so here is some basic information about what happens during this kind of peel, and what you can expect.

### **What is a Jessner peel**

The peel itself is done using a combination of resorcinol, salicylic acid and lactic acid. This unique combination gives deep penetration to really exfoliate the outer skin layers, which eventually leads to a natural "peeling" of the skin a few days later, which will reveal a much smoother and more attractive layer of skin underneath.

This kind of peel is often used for those with mild to severe acne and skin damage. Again, a lot of people with excessive damage from exposure to the sun choose this type of peel, as well.

### **What to expect from a Jessner's peel**

When you have decided to get a [Jessner facial peel](#), you will first have your face cleaned using a glycolic cleanser, which helps to ensure that there is no oil or dirt left on your skin. This also ensures that the Jessner's solution will penetrate your skin properly. When the Jessner skin peel is applied, you will find that you may feel a slight burning sensation, which is normal. Usually, your dermatologist will allow cool air from a nearby fan to be blown on you to help ease any uncomfortable sensations that you may have.

The solution does not have to stay on very long, and before you know it you will be having it neutralized and rinsed off with cool water. Within the next several days, the peeling (or flaking) will begin, which will leave you with great looking skin.

[Jessner peels](#) can also be done with great effects to other areas, such as the upper chest, hands or neck. It is actually a very common procedure that is done by nearly all dermatologists these days.

To determine whether this type of facial chemical peels is the right solution for your woes, you should definitely consult with a knowledgeable and experienced dermatologist. They will be able to evaluate your condition while taking your personal goals into account to let you know if the Jessner peel is the right way to go.

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