

Published based on [Phenol Chemical Peel: A Primer On Phenol Chemical Peel Treatments](#)

# **Phenol Chemical Peel: A Primer On Phenol Chemical Peel Treatments**

Phenol chemical peel is the deepest chemical peel using carbolic acid to achieve deep exfoliation. It is especially suitable for deep set wrinkles around the lip and chin area as well as for sun damaged or pigmented facial areas.

However, a phenol peel is not recommended for those who have heart problems as it can cause an irregular heartbeat in such patients.

A phenol peel works as a anaesthetic once it's applied over the area to be treated. The procedure can take anywhere from 30 minutes to one and a half hours, but during this time you will be monitored constantly.

Once the procedure is over the skin will be neutralized with cold water and covered in petroleum jelly to protect the crust.

The first results of the treatment can be seen within 2-3 weeks and the total recovery period is within 2-3 months.

### **Complications and drawbacks of phenol peels**

There will be a reddening of the skin immediately after treatment, and the face may become swollen. It's important to discuss these issues with your physician who will explain these problems to you and supply you with medicated treatments to help soothe and aid recovery.

It is also important to bear in mind that it will take time before you see the full results from your deep chemical peel. However, just the one treatment will last for decades and will have a profound effect upon wrinkles.

Once the redness subsides your skin will gradually become permanently pale. It is therefore only suitable for people who already have a pale complexion. Olive or dark coloured skin will not be suitable for this treatment.

### **Benefits of phenol peels**

Your skin will be clear of wrinkles and will look radiant and healthy. It's essential you use sunscreen at all times and avoid excessive exposure to the sun.

A phenol chemical peel will have a long lasting effect on your skin, thus avoiding the necessity to have further treatment for a long time to come.

**Next Learn About:** [Is A Chemical Peel Safe For All Skin Types?](#)

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