

Published based on [Two Of The Best Pitted Acne Scar Treatment Methods](#)

# **Two Of The Best Pitted Acne Scar Treatment Methods**

While there are a variety of [pitted acne scar treatment](#) methods out there for those who are sick of having such scars on their faces, two of these procedures stand out among the rest. These are the ones that you should most consider if you are truly tired of dealing with pitted acne scars that lead to a lack of self confidence and anxiety in general. Although you will want to probably speak with a licensed dermatologist before assuming too much, it is important to be aware of just what the best treatment options are.

### **Using dermabrasion plastic surgery to remove acne scars**

It is for certain that dermabrasion is one of the most regularly recommended treatment for pitted acne scars. This procedure, which is intended to remove the outermost layer of skin (while in turn helping to create a new layer that is ready to move out in its place), is one of the more popular ways to go. It is not a difficult thing for an experienced doctor to perform, and he or she will only need about an hour to perform it.

You will also find that dermabrasion is a comfortable procedure, since you will have your face numbed before the doctor begins. However, if you have olive toned skin, you may not be a suitable candidate for dermabrasion, while darker and fairer tones are usually better candidates.

### **Pitted acne scar treatment laser resurfacing**

Laser resurfacing is another widely used pitted acne scar treatment method. Similar to dermabrasion, this type of treatment removes the damaged skin layer. Of course, with a laser resurfacing for acne scars treatment, pulsations from the laser itself are used to do the work, which involves heating the appropriate skin layers for the intended effect. One of the positives about laser treatments is that they are very quick, even in comparison to treating acne scars with dermabrasion.

Knowing [how to remove pitted acne scars](#) from off of your face is just the first step. It can be just as hard to choose one of these procedures over the other for those who are suffering from this particular type of acne scarring. There are definitely pros and cons for each treatment method, but either one will do the intended task and help to ensure that your acne scars are either far less noticeable or gone completely.

If you are unsure about which pitted acne scar removal method is best for your situation, a talk with your dermatologist is a great way to help decide. They will have the knowledge and expertise to recommend the best course of action.

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