

Published based on [You Can Minimize Acne Scars With A Silicone Scar Sheet](#)

You Can Minimize Acne Scars With A Silicone Scar Sheet

If you are about to give up on dealing with troubling acne scars, make sure that you have tried a [silicone scar sheet](#) first. While scar sheets like these are usually more known for treating keloid scars from injuries, you can still often get a surprising amount of results from using them for treating acne scarring. This is because of similarities in the appearance and the type of scars that result from many injuries and from continued acne breakouts.

The type of scars that are occurring on your face will have a lot to do with whether a silicone gel scar sheet will be successful in removing and minimizing those scars or not. A lot of more serious acne scars are not treatable through the use of such silicone scar sheets, particularly if they are quite deep. For these, collagen injections or other treatments are often a better route to go. If your scars are not of that variety, you may be able to use scar sheets to great effect, if you give them a try.

The best candidate for using a [silicon scar sheet](#) to reduce the appearance of acne scars will be someone who has raised, lumpy scars. These types of scars are easier for the sheets to heal because the sheet can improve the elasticity of them while effectively making them blend in with the rest of the skin in the area. These types of effects really reduce the appearance of acne scars, which means that these silicone scar sheeting can be quite effective for risen acne scars.

As with many types of acne scarring treatments, you will probably want to talk to your dermatologist to get his or her opinion before beginning this or any other treatment methods. While using a silicone scar sheet is not dangerous in any way, you may find that your doctor does not think that they will have the intended effect on your skin type or scar type, or even that there is a better method to try.

Of course, there is no reason to put off trying a [scar sheet](#) if you really think that it will help to improve the clarity and quality of your skin. They are not extremely expensive and are easy to use, so if you would rather hop to it instead of consulting with a doctor, you would not be making a horrible decision at all.

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