

Published based on [Treatment of Acne Scars Options](#)

# Treatment of Acne Scars Options

Dermatology experts estimate that some ten million Americans suffer acne scarring each year. While modern [treatment of acne scars](#) have been developed and have helped to reduce the stigma of having acne scars on the face, there is some sense too in trying to prevent them from developing in the first place.

Discovering why acne forms can greatly help to plan on how to prevent their appearance. Skin experts say that genetics has a large influence on our predisposition to develop acne and the extent to which they will form scars. They also show evidence that acne becomes severe in late adolescence or even at the onset of adulthood. Statistics show that about 95% of those who have acne will have some scarring as a result.

This important information tells us that early treatment for most acne sufferers will result to less or mild scarring. Not having treatment to prevent acne by three or more years can result in a major formation of acne scars. But in spite of this knowledge, many people simply allow themselves to delay treatment, thus making their situation worse.

Once acne scars have taken hold, it is quite hard, although certainly possible, to get rid of them. And before treatment of acne scars can begin, they should first be well under control. There are several treatment options that you can avail yourself of. The best one appropriate for you depends on the level of scarring.

Mild scarring can be treated at the dermatologist's office using microdermabrasion or chemical peel. These [treatments of acne scars](#) can help improve scarred areas. More serious scarring needs more radical but still safe form of treatment such as laser resurfacing where laser is used to remove the damaged tissues on the top layer of the skin. It leaves a smoother skin since laser also tightens the middle skin layer. The dermatologist will need to administer local anesthetic to numb the skin. Your skin will heal normally within 3 to 10 days.

You can also find this article published on [Treatment of Acne Scars Options](#), and on the tag pages [treating acne scars](#), [treatment for acne scars](#), [treatment of acne scars](#), [treatments for acne scars](#).