

Published based on [Treatments For Acne Scars: TCA Cross vs TCA Peel For Acne Scars](#)

# **Treatments For Acne Scars: TCA Cross vs TCA Peel For Acne Scars**

Among the many [treatments for acne scars](#) that are available today, the TCA CROSS and TCA peel are most effective in the long term. The difference between the two treatments is detailed below:

**1)** TCA CROSS is a high percentage trichloroacetic acid which is applied to each individual scar. This treatment should be carried out by a medical practitioner as the risk of damage to the skin can be great. By pressing hard on the acne scars the technique causes chemical reconstruction of skin scars by focussing on the dermal thickening and collagen production that increases with high TCA concentrations. Healing is rapid and there are fewer complications.

**2)** TCA peel is a medium depth peel which peels away the top layers of the skin and usually takes 15 minutes to an hour to complete. TCA peels have the ability to treat the acne, whilst also removing the acne itself. Once the procedure has been carried out a neutralizer is applied and you may have a sun burned appearance for a while before the peeling process begins.

In either case it's normal for an ointment based antibiotic to be applied to help moisturize the area. Once a crust forms then the application of the ointment is discontinued in order to avoid detaching the crust.

Before embarking on either of the above treatments it's sensible to seek professional advice in order to attain the best results possible. TCA CROSS and TCA peel, are both [treatments for acne scars](#) which have proven to be extremely successful for people who have deep seated and large acne scarring, but patience is needed as there is a short period of skin peeling and repair to take place before the results are seen. This can vary from patient to patient, but generally speaking one week after treatment the skin will start to settle down and an improvement can be seen.

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